



# PARTICIPATION COMMUNITY CHALLENGE

## PRESENTED BY NOVO NORDISK

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Presented by



## Alberta

Acadia No. 34,  
Youngtown  
Airdrie  
Alberta Beach  
Alexander 134  
Alix, Clive  
Athabasca  
Athabasca County  
Banff  
Barnwell  
Barrhead  
Barrhead County No. 11  
Bashaw  
Bassano  
Beaumont  
Beaver County  
Beaverlodge, Hythe  
Bentley  
Big Lakes County  
Birch Hills County  
Black Diamond  
Blackfalds  
Blood 148  
Bon Accord  
Bonnyville  
Bow Island  
Bowden  
Brazeau County  
Brooks  
Bruderheim  
Calgary  
Calmar  
Camrose

Camrose County  
Canmore  
Cardston  
Cardston County  
Carstairs  
Chestermere  
Clear Hills County  
Clearwater County  
Coaldale  
Coalhurst  
Cochrane  
Cold Lake  
Consort, Veteran  
Crossfield  
Crowsnest Pass  
Cypress County  
Daysland, Heisler  
Delburne, Elnora  
Devon  
Didsbury  
Drayton Valley  
Drumheller  
Duchess  
Eckville  
Edmonton  
Edson  
Elk Point  
Ermineskin 138  
Fairview  
Fairview No. 136  
Falher  
Flagstaff County  
Foothills County

Forestburg  
Fort Saskatchewan  
Forty Mile County  
Fox Creek  
Fox Lake 162  
Frog Lake First Nation  
Gibbons  
Grande Prairie  
Grande Prairie County  
No. 1  
Greenview County  
Grimshaw  
Hanna  
Hay Lakes, New Norway  
High Level  
High Prairie  
High River  
Hinton  
Innisfail  
Irricana  
Jasper  
John d'Or Prairie 215  
Kehewin 123  
Killam, Strome  
Kitscoty, Marwayne  
Kneehill County  
Lac la Biche County  
Lac Ste. Anne County  
Lacombe  
Lacombe County  
Lamont  
Lamont County  
Leduc

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Leduc County  
Legal  
Lesser Slave River No.  
124  
Lethbridge  
Lethbridge County  
Linden, Acme, Carbon  
Lloydminster (Part)  
Loon River First Nation /  
Woodland Cree First  
Nation  
Mackenzie County  
Magrath  
Manning  
Mannville, Innisfree  
Mayerthorpe  
McLennan  
MD of Bighorn  
MD of Bonnyville  
MD of Peace  
MD of Pincher Creek  
MD of Provost  
MD of Smoky River  
MD of Wainright  
MD of Willow Brook  
Medicine Hat  
Milk River  
Millet  
Minburn County No. 27  
Morinville  
Mountain View County  
Mundare, Chipman  
Nanton  
Newell County  
Nobleford

Norther Sunrise County  
Northern Lights County  
Northern Sunrise County  
Okotoks  
Olds  
Onoway  
Opportunity No. 17  
Oyen  
Paintearth County  
Parkland County  
Peace River  
Penhold  
Picture Butte  
Piikani 147  
Pincher Creek  
Pipestone  
Ponoka  
Ponoka County  
Provost  
Raymond  
Red Deer  
Red Deer County  
Redcliff  
Redwater  
Rimbey  
RM of Wood Buffalo  
Rocky Mountain House  
Rocky View County  
Saddle Hills County  
Saddle Lake 125  
Sedgewick, Hardisty  
Sexsmith  
Siksika 146  
Slave Lake  
Smoky Lake County

Smoky Lake, Waskatenau  
Special Area No. 2  
Special Area No. 4  
Spirit River, Rycroft  
Spring Lake, Wabamun  
Spruce Grove  
St. Albert  
St. Paul  
St. Paul County No. 19  
Starland County  
Stettler  
Stettler County  
Stirling  
Stoney 142, 143, 144  
Stony Plain  
Strathcona County  
Strathmore  
Sturgeon County  
Sturgeon Lake 154  
Sundre  
Swan Hills  
Sylvan Lake  
Taber  
Thorhild County  
Thorsby, Warburg  
Three Hills  
Tofield, Ryley  
Trochu  
Tsuu T'ina Nation 145  
(Sarcee 145)  
Turner Valley  
Two Hills  
Two Hills County  
Utikoomak Lake 155  
Valleyview

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Presented by



Vauxhall  
Vegreville  
Vermilion  
Vermilion River County  
Viking, Holden  
Vulcan  
Vulcan County

Wabamun 133A  
Wainwright  
Warner County  
Wembley  
Westlock  
Westlock County  
Wetaskiwin

Wetaskiwin County  
Wheatland County  
White Fish Lake 128  
Whitecourt  
Willow Creek No. 26  
Woodlands County  
Yellowhead County

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Presented by



## British Columbia

Abbotsford  
Alert Bay  
Anmore, Belcarra  
Armstrong  
Ashcroft  
Barlow/Barkerville  
Barriere  
Bella Bella 1  
Bowen Island  
Bulkley-Nechako A  
Bulkley-Nechako B  
Bulkley-Nechako C  
Bulkley-Nechako D  
Bulkley-Nechako E  
Bulkley-Nechako F  
Burnaby  
Burns Lake  
Burrard Inlet 3  
Cache Creek, Clinton  
Campbell River  
Canim Lake/Forest Grove  
Capilano 5  
Cariboo D  
Cariboo F  
Castlegar  
Cawston  
Central Coast A, C  
Central Kootenay D  
Central Kootenay G  
Central Kootenay K  
Central Okanagan  
Central Okanagan West  
Central Saanich

Chase  
Cheslatta Carrier Nation  
Chetwynd  
Chilako River, Nechako  
Chilcotin  
Chilliwack  
Chilliwack River Valley  
Christina Lake  
Clearwater  
Coldstream  
Columbia-Shuswap A  
Columbia-Shuswap C  
Columbia-Shuswap D  
Columbia-Shuswap F  
Colwood  
Comox  
Comox Valley A  
Comox Valley B (Lazo  
North)  
Comox Valley C  
(Puntledge - Black Creek)  
Coquitlam  
Cortes Island  
Courtenay  
Cowichan  
Cowichan Bay  
Cowichan Valley B  
Cowichan Valley C  
Cowichan Valley F  
Cranbrook, Kootenay 1  
Creston  
Crooked River, Parsnip  
Cumberland

Dawson Creek  
Delta  
Dolphin Island 1  
Duck Lake 7  
Duncan  
East Kootenay A  
East Kootenay B  
East Kootenay C  
East Kootenay E  
East Kootenay F  
East Kootenay G  
East Saanich 2  
Elkford  
Enderby  
Esquimalt  
Ferne  
Fort St. James  
Fort St. John  
Fort Ware 1  
Fraser Lake  
Fraser Valley A, B  
Fraser Valley C  
Fraser Valley F  
Fraser Valley G  
Fraser Valley H  
Fraser-Fort George A  
Fraser-Fort George F  
Fruitvale  
Galiano Island  
Garbriola, DeCourcy  
Gibsons  
Gitanmaax, Kispiox  
Gitwangak, Gitsegukla

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Gold River  
Golden  
Grand Forks  
Greenwood, Midway  
Halfmoon Bay  
Harrison Hot Springs  
Highlands  
Hope  
Houston  
Hudson's Hope  
Invermere  
Iskut 6  
Juan de Fuca  
Kamloops  
Kamloops 1  
Kaslo  
Kelowna  
Kent  
Keremeos  
Kimberley  
Kitimat  
Kitimat-Stikine A,D,F  
Kitimat-Stikine B  
Kitimat-Stikine C (Part 1)  
Kootenay Boundary A  
Kootenay Boundary E  
Kwikwasut'inuxw  
Haxwa'mis First Nation  
Kyuquot, Nootka-  
Sayward  
Lac La Hache/108 Mile  
Ladysmith  
Lake Country  
Lake Cowichan  
Langford

Langley  
Lantzville  
Lax Kw'alaams 1  
Leq'a: mel First Nation  
Lillooet  
Lions Bay  
Logan Lake  
Lone Butte/Interlakes  
Lower Columbia-Old-  
Glory  
Lumby  
Mackenzie  
Maple Ridge  
Masset, Port Clements  
Mayne Island  
McBride, Robson Valley  
Merritt  
Metchosin  
Mill Bay, Malahat  
Mission  
Montrose  
Musqueam 2  
Nakusp  
Nanaimo  
Nanaimo A  
Nanaimo C  
Nanaimo E Nanoose Bay  
Nanaimo F  
Nanaimo G  
Nanaimo H  
Nanaimo River  
Nelson  
New Denver, Slocan  
New Hazelton  
New Songhees 1A

New Westminster  
Nisga'a  
North Coast  
North Cowichan  
North Okanagan B  
Vernon  
North Okanagan C  
North Okanagan D  
North Okanagan E  
North Okanagan F  
North Oyster, Diamond  
North Saanich  
North Vancouver  
Northern Rockies  
Nuxalk Nation  
Oak Bay  
Okanagan (Part) 1  
Okanagan 1  
Okanagan-Similkameen A  
Okanagan-Similkameen C  
Okanagan-Similkameen D  
Okanagan-Similkameen E  
Okanagan-Similkameen F  
Okanagan-Similkameen G  
Okanagan-Similkameen H  
Okanagan-Similkameen I  
Oliver  
One Hundred Mile House  
Osoyoos  
Osoyoos Indian Band  
Parksville  
Peace River B  
Peace River D  
Peachland  
Pemberton  
Pender Island

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Presented by



Penelakut First Nation  
Penticton  
Penticton 1  
Pitt Meadows  
Popkum, Bridal Falls  
Port Alberni / Alberni-  
Clayoquot  
Port Alice  
Port Coquitlam  
Port Hardy  
Port McNeill  
Port Moody  
Powell River  
Prince George  
Prince Rupert  
Princeton  
qathet  
Qualicum Beach  
Quesnel  
Quesnel West/Bouchie  
Lake  
Red Bluff/Quesnel South  
Revelstoke  
Richmond  
Robson Valley, Canoe  
Rossland  
Rural Grand Forks  
Rural Sicamous, Malakwa  
Saanich  
Sahtlam, Glenora  
Salmo  
Salmon Arm  
Saltair, Gulf Islands  
Saltspring Island  
Sayward, Quinsam 12

Sechelt  
Sicamous  
Sidney  
Skowkale  
Smithers  
Sooke  
South Lakeside/Dog  
Creek  
South Saanich 1  
Southern Gulf Islands  
Spallumcheen  
Sparwood  
Squamish  
Squamish-Lillooet B, C  
Squamish-Lillooet D  
Stewart  
Stikine Region  
Strathcona C  
Strathcona D (Oyster Bay  
- Buttle Lake)  
Summerland  
Sunshine Coast A  
Sunshine Coast D  
Sunshine Coast E  
Sunshine Coast F  
Surrey  
Tabor Lake, Stone Creek  
Taylor  
Telkwa  
Terrace  
Thompson-Nicola A  
(Wells Gray Country)  
Thompson-Nicola B  
Thompson-Nicola E  
(Bonaparte Plateau)

Thompson-Nicola I (Blue  
Sky Country)  
Thompson-Nicola J  
(Copper Desert Country)  
Thompson-Nicola L  
(Grasslands)  
Thompson-Nicola M  
(Beautiful Nicola Valley -  
North)  
Thompson-Nicola M,N  
Thompson-Nicola N  
(Beautiful Nicola Valley -  
South)  
Thompson-Nicola O  
(Lower North Thompson)  
Thompson-Nicola P  
Thompson-Nicola P  
(Rivers and the Peaks)  
Thornhill  
Tofino  
Trail  
Tsinstikeptum 10  
Tsinstikeptum 9  
Tumbler Ridge  
Tzeachten 13  
Ucluelet  
Valemount  
Vancouver  
Vanderhoof  
Vernon  
Victoria  
View Royal  
Warfield  
West Fraser/Nazko  
West Kelowna

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Presented by



West Vancouver  
Whistler  
White Rock

Williams Lake  
Woodpecker, Hixon  
Youbou, Meade Creek

Yunesit'in First Nation

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## Manitoba

|                       |                          |                          |
|-----------------------|--------------------------|--------------------------|
| Alexander             | Dufferin                 | Lac du Bonnet            |
| Alonsa                | East St. Paul            | Lakeshore                |
| Altona                | Ebb and Flow 52          | Leaf Rapids              |
| Arborg                | Ellice-Archie            | Little Grand Rapids 14   |
| Argyle                | Elton                    | Lorne                    |
| Armstrong             | Emerson-Franklin         | Louise                   |
| Beausejour            | Ethelbert                | Lynn Lake                |
| Berens River 13       | Fairford 50              | Macdonald                |
| Bifrost-Riverton      | Falcon Beach             | Melita                   |
| Boissevain-Morton     | Fisher                   | Minitonas-Bowsman        |
| Brandon               | Fisher River Cree Nation | Minnedosa                |
| Brochet 197           | Flin Flon                | Minto-Odanah             |
| Brokenhead            | Fort Alexander 3         | Montcalm                 |
| Carberry              | Gilbert Plains           | Morden                   |
| Carman                | Gillam                   | Morris                   |
| Cartier               | Gimli                    | Mossey River             |
| Cartwright-Roblin     | Glenboro-South Cypress   | Municipality of Roblin   |
| Chemawawin 2          | Glenella-Lansdowne       | Municipality of West     |
| Churchill             | God's River 86A          | Interlake                |
| Churchill 1           | Grandview                | Municipality of WestLake |
| Clanwilliam-Erickson, | Grassland                | - Gladstone              |
| McCreary              | Grey                     | Neepawa                  |
| Coldwell              | Hamiota                  | Nelson House 170         |
| Dauphin               | Hanover                  | Niverville               |
| De Salaberry          | Harrison Park            | Norfolk-Treherne         |
| Deloraine-Winchester  | Headingley               | North Cypress-Langford   |
| Division No. 19,      | Keeseekoowenin Ojibway   | North Norfolk            |
| Unorganized           | First Nation             | Norway House 17          |
| Division No. 21,      | Kelsey                   | Oakland-Wawanesa         |
| Unorganized           | Killarney - Turtle       | Oakview                  |
| Division No. 23,      | Mountain                 | Oxford House 24          |
| Unorganized           | La Broquerie             | Pembina                  |
| Dog Creek 46          | Lac Brochet 197A         | Pinawa                   |

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Piney  
Pipestone  
Poplar River FN  
Portage la Prairie  
Powerview-Pine Falls  
Prairie Lakes  
Prairie View  
Pukatawagan 198  
Reynolds  
Rhineland  
Riding Mountain West  
Ritchot  
Riverdale  
RM of Mountain  
Rockwood  
Roland  
Rosedale  
Rossburn  
Rosser  
Russell-Binscarth  
Sandy Bay 5  
Sapotaweyak Cree Nation

Selkirk  
Shamattawa 1  
Sifton  
Sioux Valley Dakota  
Nation  
Skownan First Nation  
Snow Lake  
Souris-Glenwood  
South Indian Lake  
Split Lake 171  
Springfield  
St. Andrews  
St. Clements  
St. François Xavier  
St. Laurent  
St. Theresa Point  
Stanley  
Ste. Anne  
Ste. Rose  
Steinbach  
Stonewall  
Stony Mountain

St-Pierre-Jolys  
Stuartburn  
Swan River  
Swan Valley West  
Taché  
Teulon  
The Pas  
Thompson  
Two Borders  
Victoria  
Victoria Beach  
Virden, Miniota  
Wallace-Woodworth  
Waywayseecappo First  
Nation  
West St. Paul  
Whitemouth  
Winkler  
Winnipeg  
Winnipeg Beach  
Woodlands  
Yellowhead

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## New Brunswick

Aberdeen, Centreville  
Acadieville, Lepreau  
Allardville  
Alnwick  
Andover, Aroostook  
Atholville  
Balmoral  
Bas-Caraquet  
Bathurst  
Beaubassin East  
Belledune  
Beresford  
Bertrand  
Blacks Harbour  
Blackville  
Blissville  
Botsford  
Bouctouche  
Bright  
Brighton  
Burton  
Cambridge, Cambridge  
Narrows  
Campbellton  
Campobello Island,  
Fredericton Junction  
Canning Pabineau  
Canterbury  
Cap-Pelé  
Caraquet  
Cardwell  
Charlo  
Chipman

Cocagne  
Coverdale  
Dalhousie  
Denmark  
Derby, Eel Ground  
Devon 30  
Dieppe  
Doaktown, Blissfield  
Dorchester  
Douglas  
Drummond  
Dundas  
Durham  
Edmundston  
Eel River Crossing  
Esgenoôpetitj 14  
Florenceville-Bristol  
Fredericton  
Fundy Albert  
Gagetown, Kars  
Glenelg  
Gordon  
Grand Bay-Westfield  
Grand-Bouctouche  
Grand Falls  
Grand Manan  
Grande-Anse  
Greenwich  
Hampton  
Hanwell  
Hardwicke  
Hartland Tract 8  
Haut-Madawaska

Havelock  
Hillsborough  
Hopewell, Harvey,  
Riverside-Albert, Alma  
Inkerman  
Johnston, Wickham  
Kedgwick  
Kent  
Kingsclear  
Kingsclear 6  
Kingston  
Lac Baker, Brook  
Lamèque  
Lincoln  
Manners Sutton  
Maugerville, Sheffield  
McAdam  
Memramcook  
Minto  
Miramichi  
Moncton  
Musquash  
Nackawic, Dumfries  
Neguac  
Nelson Carleton,  
Chatham  
New Bandon  
New Maryland  
Newcastle  
Nigadoo, Pointe-Verte NB  
Northampton  
Northesk  
Norton

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Presented by



Oromocto  
Paquetville  
Peel  
Pennfield  
Perth  
Perth-Andover  
Petitcodiac, Salisbury,  
Elgin  
Petit-Rocher  
Plaster Rock  
Prince William  
Queensbury  
Quispamsis  
Red Bank  
Richibucto  
Richibucto 15  
Richmond  
Riverview  
Rivière Basile  
Rogersville  
Rothesay  
Saint Andrews  
Saint Croix, Dufferin  
Saint David  
Saint George  
Saint James  
Saint John

Saint Martins  
Saint Mary  
Saint Marys  
Saint Masionnette  
Saint Patrick, Dumbarton  
Saint Stephen  
Saint-André  
Saint-Antoine  
Saint-Charles  
Sainte-Anne  
Sainte-Anne Notre  
Sainte-Marie-Saint-  
Raphaël, Le Goulet  
Saint-Isidore  
Saint-Jacques  
Saint-Joseph  
Saint-Léonard  
Saint-Louis  
Saint-Louis de Kent,  
Rexton  
Saint-Quentin  
Shediac  
Shippagan  
Simonds  
Southampton  
Southesk  
Springfield

St. George  
St. Paul Harcourt  
St. Stephen  
Stanley  
Studholm  
Sussex  
Sussex Corner  
Tantramar  
Tide Head  
Tobique, Lorne  
Tracadie  
Tracy, Petersville  
Upham  
Upper Miramichi  
Wakefield  
Waterborough,  
Northfield  
Waterford, Hammond  
Weldford  
Wellington  
West Isles, Millville  
Westfield  
Westmorland  
Wicklow  
Wilmot  
Woodstock

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## Newfoundland and Labrador

Anchor Point  
Arnold's Cove  
Badger, Buchans  
Baie Verte  
Bauline  
Bay Bulls  
Bay L'Argent, Grand le  
Pierre  
Bay Roberts  
Bishop's Falls  
Bonavista  
Botwood  
Burgéo  
Burin  
Burlington  
Cambelton, Comfort  
Cove  
Cape Broyle, Aquaforte  
Cape St. George  
Carbonear  
Carmanville  
Cartwright, Flower's Cove  
Centreville-Wareham-  
Trinity  
Channel-Port aux  
Basques  
Charlotte  
Clarenville  
Clarke's Beach

Come By Chance,  
Sunnyside  
Conception Bay South  
Conception Harbour  
Cornack, Gillams  
Corner Brook  
Cow Head, Parson's Pond  
Cox's Cove, Lark Harbour  
Cupids  
Daniel's Harbour  
Deer Lake  
Eastport, Traytown  
Embree  
Englee  
Fermeuse  
Flatrock  
Fleur de Lys  
Fogo Island  
Fortune  
Gambo  
Gander  
Garnish  
Glovertown  
Grand Bank  
Grand Falls-Windsor  
Greenspond  
Happy Valley-Goose Bay  
Harbour Breton  
Harbour Grace

Harbour Main-Chapel's  
Cove-Lakeview  
Hare Bay, Dover  
Heart's Delight-Islington  
Holyrood  
Hopedale, Makkovik  
Humber Arm South  
Irishtown-Summerside  
Isle aux Morts, Burnt  
Islands  
King's Cove  
King's Point  
Kippens  
Labrador City  
L'Anse au Loup  
LaScie  
Lawn  
Lewin's Cove /  
Winterland  
Lewisporte, Birchy Bay  
Logy Bay-Middle Cove-  
Outer Cove  
Lourdes  
Lumsden Indian Bay  
Mary's Harbour  
Marystown  
Massey Drive  
Middle Arm, Hampden  
Milltown-Head of Bay  
d'Espoir

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Presented by



Mount Carmel-Mitchells  
Brook-St. Catherine's  
Mount Moriah  
Mount Pearl  
Musgrave Harbour  
Nain  
Natuashish 2  
Natuashish, Postville  
New-Wes-Valley  
Norman's Cove  
Norris Arm, Glenwood  
Norris Point  
North River, South River  
North West River  
Old Perlican  
Paradise  
Parkers Cove  
Pasadena  
Peterview  
Petty Harbour-Maddox  
Cove  
Placentia  
Point Leamington  
Port au Choix  
Port au Port

Port Blandford,  
Musgravetown  
Port Hope Simpson  
Port Hope Simpson /  
Charlottetown  
Port Saunders  
Portugal Cove-St. Philip's  
Pouch Cove  
Ramea  
Reidville, Steady Brook  
Robert's Arm  
Rocky Harbour  
Roddickton-Bide Arm  
Salmon Cove  
Samiajij Miawpukek  
Smallwood Reservoir  
Smith Sound Inlet  
South Brook, Port Anson  
Spaniard's Bay  
Springdale  
St. Alban's  
St. Anthony  
St. Bride's  
St. George's  
St. George's Town

St. Jacques-Coomb's Cove  
St. John's  
St. Lawrence  
St. Lunaire-Griquet  
St. Mary's  
Stephenville  
Stephenville Crossing  
Summerford  
Terrenceville  
Torbay  
Trepassey  
Trinity Bay North  
Triton, Brighton  
Trout Brook Cove  
Twillingate  
Upper Island Cove  
Victoria  
Wabana  
Wabush  
Whitbourne  
Whiteway  
Winterton  
Witless Bay

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## Nova Scotia

Amherst  
Annapolis  
Annapolis Valley First  
Nation  
Antigonish  
Argyle  
Barrington  
Berwick  
Bridgewater  
Cape Breton  
Chester  
Clare  
Colchester  
Cumberland  
Digby

East Hants  
Eskasoni 3  
Guysborough  
Halifax  
Indian Brook 14  
Inverness  
Kentville  
Kings  
Lunenburg  
Mahone Bay  
Membertou 28B  
Middleton  
New Glasgow  
Oxford  
Pictou

Port Hawkesbury  
Potlotek  
Queens  
Richmond  
Shelburne  
St. Mary's  
Stellarton  
Stewiacke  
Trenton  
Truro  
Victoria  
West Hants  
Westville  
Wolfville  
Yarmouth

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## Northwest Territories

Aklavik  
Behchokò  
Colville Lake  
Déline  
Enterprise  
Fort Good Hope  
Fort Liard  
Fort McPherson  
Fort Providence  
Fort Resolution

Fort Simpson  
Fort Smith  
Gamètì  
Hay River  
Inuvik  
Lutselk'e  
Nahanni Butte  
Norman Wells  
Paulatuk  
Sachs Harbour

Sambaa K'e  
Tsiigehtchic  
Tuktoyaktuk  
Tulita  
Ulukhaktok  
Wekweètì  
Whatì  
Wrigley  
Yellowknife

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## Nunavut

Arctic Bay  
Arviat  
Baker Lake  
Cambridge Bay  
Cape Dorset  
Chesterfield Inlet  
Clyde River  
Coral Harbour  
Gjoa Haven

Grise Fiord  
Hall Beach  
Igloolik  
Iqaluit  
Kimmirut  
Kugaaruk  
Kugluktuk  
Nauyasat  
Pangnirtung

Pond Inlet  
Qikiqtaaluk  
Qikiqtarjuaq  
Rankin Inlet  
Resolute  
Sanikiluaq  
Taloyoak  
Umingmaktok  
Whale Cove

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## Ontario

|                                         |                               |                                   |
|-----------------------------------------|-------------------------------|-----------------------------------|
| Addington Highlands                     | Bayham                        | Central Manitoulin                |
| Adelaide-Metcalf                        | Beckwith                      | Centre Hastings                   |
| Adjala-Tosorontio                       | Belleville                    | Centre Wellington                 |
| Admaston/Bromley                        | Black River-Matheson          | Champlain                         |
| Ajax                                    | Blandford-Blenheim            | Chapleau                          |
| Akwesasne (Part) 59                     | Blind River                   | Chatham-Kent                      |
| Alfred and Plantagenet                  | Bluewater                     | Chatsworth                        |
| Algoma, Unorganized, North Part         | Bonfield                      | Chippewas of Rama First Nation    |
| Algonquin Highlands                     | Bonnechere Valley             | Clarence-Rockland                 |
| Algonquins of Pikwakanagan First Nation | Bracebridge                   | Clarington                        |
| Almaguin Highlands                      | Bradford West Gwillimbury     | Clearview                         |
| Alnwick/Haldimand                       | Brampton                      | Cobalt                            |
| Amaranth                                | Brant                         | Cobourg                           |
| Amherstburg                             | Brantford                     | Cochrane                          |
| Armstrong                               | Brighton                      | Cochrane, Unorganized, North Part |
| Arnprior                                | Brock                         | Collingwood                       |
| Aroland                                 | Brockton                      | Cornwall                          |
| Arran-Elderslie                         | Brockville                    | Cramahe                           |
| Ashfield-Colborne-Wawanosh              | Brooke-Alvinston              | Curve Lake First Nation 35        |
| Asphodel-Norwood                        | Bruce Mines, Jocelyn          | Dawn-Euphemia                     |
| Assiginack                              | Brudenell, Lyndoch and Raglan | Deep River                        |
| Athens                                  | Burlington                    | Deseronto                         |
| Atikokan                                | Caledon                       | Douro-Dummer                      |
| Attawapiskat 91A                        | Callander                     | Drummond/North Elmsley            |
| Augusta                                 | Cambridge                     | Dryden                            |
| Aurora                                  | Carleton Place                | Dutton/Dunwich                    |
| Aylmer                                  | Carling                       | Dysart et al                      |
| Baldwin                                 | Casselman                     | Ear Falls                         |
| Bancroft                                | Cavan Monaghan                | East Ferris                       |
| Barrie                                  | Central Elgin                 | East Garafraxa                    |
|                                         | Central Frontenac             | East Gwillimbury                  |
|                                         | Central Huron                 |                                   |

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East Zorra-Tavistock  
Edwardsburgh/Cardinal  
Elizabethtown-Kitley  
Elliot Lake  
Emo  
Englehart  
English River 21  
Erin  
Esplanora  
Essa  
Essex  
Factory Island 1  
Fort Albany (Part) 67  
Fort Erie  
Fort Frances  
Fort Hope 64  
French River  
Front of Yonge  
Frontenac Islands  
Gananoque  
Garden River 14  
Georgian Bay  
Georgian Bluffs  
Georgina  
Goderich  
Gore Bay  
Grand Valley  
Gravenhurst  
Greater Madawaska  
Greater Napanee  
Greater Sudbury  
Greenstone  
Grey Highlands  
Grimsby

Guelph  
Guelph/Eramosa  
Haldimand County  
Halton Hills  
Hamilton  
Hanover  
Hastings Country  
Hastings Highlands  
Havelock-Belmont-Methuen  
Hawkesbury  
Hearst  
Hiawatha First Nation  
Highlands East  
Hornepayne  
Horton  
Howick  
Huntsville  
Huron East  
Huron Shores  
Huron-Kinloss  
Ignace  
Ingersoll  
Innisfil  
Iroquois Falls  
Johnson  
Kapuskasing  
Kasabonika Lake  
Kawartha Lakes  
Kenora  
Kenora, Unorganized  
Kettle Point 44  
Killaloe, Hagarty and  
Richards  
Kincardine  
King

Kingfisher Lake 1  
Kingston  
Kingsville  
Kirkland Lake  
Kitchener  
Kitchenuhmaykoosib Aaki 84  
Big Trout Lake  
La Vallee  
Lake of Bays  
Lakeshore  
Lambton County  
Lambton Shores  
Lanark Highlands  
Larder Lake  
LaSalle  
Laurentian Hills  
Laurentian Valley  
Leamington  
Leeds and the Thousand  
Islands  
Lincoln  
London  
Loyalist  
Lucan Biddulph  
Macdonald, Meredith and  
Aberdeen  
Machin  
Madawaska Valley  
Madoc  
Magnetawan  
Malahide  
Manitouwadge  
Mapleton  
Marathon  
Markham

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|                           |                              |                       |
|---------------------------|------------------------------|-----------------------|
| Markstay-Warren           | Nipissing 10                 | Pelham                |
| Marmora and Lake          | Nipissing, Unorganized,      | Pembroke              |
| Mattagami First Nat       | North Part                   | Penetanguishene       |
| Mattawa, Calvin           | Norfolk County               | Perth                 |
| Mattice-Val Côte          | North Algona Wilberforce     | Perth East            |
| McDougall                 | North Bay                    | Perth South           |
| M'Chigeeng 22             | North Dumfries               | Petawawa              |
| M'Chigeeng 22 West Bay 22 | North Dundas                 | Peterborough          |
| McKellar                  | North Frontenac              | Petrolia              |
| McNab/Braeside            | North Glengarry              | Pickering             |
| Meaford                   | North Grenville              | Pikangikum 14         |
| Melancthon                | North Huron                  | Plympton-Wyoming      |
| Merrickville-Wolford      | North Kawartha               | Point Edward          |
| Middlesex Centre          | North Middlesex              | Poplar Hill           |
| Midland                   | North Perth                  | Port Colborne         |
| Milton                    | North Stormont               | Port Hope             |
| Minden Hills              | Northeastern Manitoulin      | Powassan              |
| Minto                     | and the Islands              | Prescott              |
| Mississauga               | Northern Bruce Peninsula     | Prince Edward County  |
| Mississippi Mills         | Norwich                      | Puslinch              |
| Mono                      | Oakville                     | Quinte West           |
| Montague                  | Ojibways of the Pic River FN | Rainy River           |
| Moonbeam                  | Oliver Paipoonge             | Ramara                |
| Moosonee                  | Orangeville                  | Red Lake              |
| Morris-Turnberry          | Orillia                      | Red Rock              |
| Mulmur                    | Oro-Medonte                  | Renfrew               |
| Muskoka Lakes             | Oshawa                       | Richmond Hill         |
| Neebing                   | Osnaburgh 63B                | Rideau Lakes          |
| Neskantaga First Nation   | Otonabee-South Monaghan      | Russell               |
| New Tecumseth             | Ottawa                       | Sables-Spanish Rivers |
| Newmarket                 | Owen Sound                   | Sachigo Lake 1        |
| Niagara Falls             | Parry Sound                  | Sagamok               |
| Niagara-on-the-Lake       | Parry Sound, Unorganized,    | Sandy Lake 88         |
| Nipigon                   | Centre Part                  | Sarnia                |
| Nipissing                 | Peawanuck                    | Saugeen Shores        |

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Scugog  
Seguin  
Seine River First Nation  
Selwyn  
Severn  
Shelburne  
Shoal Lake Part 39A  
Shuniah  
Sioux Lookout  
Six Nations (Part) 40  
Slate Falls  
Smiths Falls  
Smooth Rock Falls  
South Algonquin  
South Bruce  
South Bruce Peninsula  
South Dundas  
South Frontenac  
South Glengarry  
South Huron  
South Stormont  
Southgate  
Southwest Middlesex  
South-West Oxford  
Southwold  
Spanish  
Springwater  
St. Catharines  
St. Clair  
St. Joseph

St. Marys  
St. Thomas  
St.-Charles  
Stirling-Rawdon  
Stone Mills  
Stratford  
Strathroy-Caradoc  
Sudbury, Unorganized,  
North Part  
Summer Beaver  
Tay  
Tay Valley  
Tecumseh  
Temiskaming Shores  
Terrace Bay  
Thames Centre  
The Blue Mountains  
The Nation  
Thessalon  
Thorold  
Thunder Bay  
Tillsonburg  
Timiskaming District  
Timiskaming, Unorganized,  
West Part  
Timmins  
Tiny  
Toronto  
Trent Hills  
Trent Lakes  
Tweed  
Tyendinaga

Uxbridge  
Val Rita-Harty  
Vaughan  
Wabaseemoong  
Wainfleet  
Wapekeka 2  
Wasaga Beach  
Waterloo  
Wawa  
Weagamow Lake 87  
Welland  
Wellesley  
Wellington North  
West Elgin  
West Grey  
West Lincoln  
West Nipissing  
West Perth  
Whitby  
Whitchurch-Stouffville  
White River  
Whitefish Bay, Nestor Falls  
Whitefish River First Nation  
Whitewater Region  
Wikwemikong Unceded  
Wilmot  
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Woolwich  
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Alberton  
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Bedeque  
Belfast  
Borden-Carleton, Kinkora  
Brackley  
Central Prince  
Charlottetown  
Cornwall  
Crapaud  
East River, Part 1  
Hazelbrook  
Hunter River

Kensington  
Linkletter  
Miltonvale Park  
Miminegash  
Miscouche  
Morell, St. Peter's Bay  
Mount Stewart  
Murray River  
New Glasgow  
North Rustico  
North Shore  
North Wiltshire  
O'Leary  
Souris

Stanley Bridge, Hope River,  
Bayview, Cavendish and  
North Rustico  
Stratford  
Summerside  
Three Rivers  
Tignish  
Town of Three Rivers  
Tyne Valley, Lennox Island  
Union Road  
West River  
Winsloe North  
York

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Akwasasne  
Albanel  
Alma  
Amherst  
Amos  
Amqui  
Ange-Gardien  
Armagh  
Ascot Corner  
Aupaluk  
Austin  
Ayer's Cliff  
Baie-Comeau  
Baie-du-Febvre  
Baie-D'Urfé  
Baie-Saint-Paul  
Baie-Trinité  
Barraute  
Basse-Côte-Nord  
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Beauharnois  
Beaumont  
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Berthierville  
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Boischatel  
Bois-des-Filion  
Bonaventure  
Boucherville  
Brigham  
Bromont  
Brossard  
Brownsburg-Chatham  
Bury  
Cacouna  
Candiac  
Cantley  
Canton de Ham  
Cap-Chat  
Caplan  
Cap-Saint-Ignace  
Cap-Santé  
Carignan  
Carleton-sur-Mer  
Cascapédia--Saint-Jules  
Causapscal  
Chambly  
Chambord  
Champlain  
Chandler  
Chapais  
Charlemagne  
Châteauguay  
Château-Richer  
Chelsea  
Cheneville  
Chertsey

Chesterville  
Chibougamau  
Chisasibi  
Chute-aux-Outardes  
Clermont  
Coaticook  
Communauté Atikamekw  
de Manawan  
Communauté de  
Wemotaci  
Compton  
Contrecoeur  
Cookshire-Eaton  
Coteau-du-Lac  
Côte-Saint-Luc  
Cowansville  
Crabtree  
Danville  
Daveluyville  
Dégelis  
Déléage  
Delson  
Desbiens  
Deschaillons-sur-Saint-  
Laurent  
Deschambault-Grondines  
Deux-Montagnes  
Disraeli  
Dolbeau-Mistassini  
Dollard-Des Ormeaux  
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East Broughton  
Eastern Pontiac  
Eastmain  
Eastman  
Eeyou Istchee Baie-James  
Farnham  
Ferme-Neuve  
Fermont  
Forestville  
Fort-Coulonge  
Fossambault-sur-le-Lac  
Frampton  
Franklin  
Frelighsburg  
Frontenac  
Gaspé  
Gatineau  
Godmanchester  
Gore  
Gracefield  
Granby  
Grande-Rivière  
Grande-Vallée  
Grand-Remous  
Grenville  
Grenville-sur-la-Rouge  
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Hatley  
Haute-MauricieQC  
Hébertville  
Hébertville-Station

Hemmingford  
Henryville  
Hérouxville  
Hinchinbrooke  
Howick  
Huberdeau-Arundel  
Hudson  
Huntingdon  
Ile d'Orléans  
Inukjuak  
Irlande  
Ivujivik  
Joliette  
Kahnawake  
Kamouraska  
Kangiqsualujjuaq  
Kangiqsujaq  
Kangirsuk  
Kiamika  
Kingsey Falls  
Kipawa  
Kirkland  
Kitigan Zibi  
Kuuujuaq  
Kuujuarapik  
La Conception  
La Doré  
La Guadeloupe  
La Macaza  
La Malbaie  
La Minerve  
La Pêche  
La Pocatière  
La Prairie  
La Présentation

La Sarre  
La Tuque  
Labelle  
Labrecque  
Lac Mégantic  
Lac Simon  
Lac-au-Saumon  
Lac-aux-Sables  
Lac-Beauport  
Lac-Bouchette  
Lac-Brome  
Lac-des-Écorces  
Lac-Drolet  
Lac-Etchemin  
Lachute  
Lac-Mégantic  
Lacolle  
Lac-Simon  
Lac-Supérieur  
Lambton  
L'Ancienne-Lorette  
L'Ange-Gardien  
Lanoraie  
L'Anse-Saint-Jean  
Larouche  
L'Ascension-de-Notre-Seigneur  
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L'Avenir  
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Lévis  
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Mille-Isles  
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MRC Témiscamingue  
Namur  
Nantes  
Napierville  
Nemaska

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New Richmond  
Nicolet  
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Notre-Dame-de-Lourdes  
Notre-Dame-de-Pontmain / Lac du-Cerf  
Notre-Dame-des-Bois  
Notre-Dame-des-Neiges  
Notre-Dame-des-Pins  
Notre-Dame-des-Prairies  
Notre-Dame-du-Bon-Conseil  
Notre-Dame-du-Laus  
Notre-Dame-du-Mont-Carmel  
Notre-Dame-du-Portage  
Nouvelle  
Noyan  
Obedjiwan 28  
Oka  
Orford  
Ormstown  
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Saint-André-de-  
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Saint-Anselme  
Saint-Antoine-de-Tilly  
Saint-Antonin  
Saint-Apollinaire  
Saint-Armand  
Saint-Arsène  
Saint-Aubert  
Saint-Barnabé  
Saint-Barthélemy  
Saint-Basile  
Saint-Basile-le-Grand  
Saint-Benoît-Labre  
Saint-Bernard  
Saint-Bernard-de-Lacolle  
Saint-Bonaventure  
Saint-Boniface  
Saint-Bruno  
Saint-Calixte  
Saint-Casimir  
Saint-Césaire  
Saint-Charles-Borromée  
Saint-Christophe-  
d'Arthabaska  
Saint-Chrysostome  
Saint-Claude  
Saint-Clet  
Saint-Colomban  
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Saint-Dominique  
Saint-Donat  
Sainte-Adèle  
Sainte-Agathe-des-Monts  
Sainte-Angèle-de-Monnoir  
Sainte-Anne-de-Beaupré  
Sainte-Anne-de-Bellevue  
Sainte-Anne-de-la-Pérade  
Sainte-Anne-de-Sabrevois  
Sainte-Anne-des-Lacs  
Sainte-Anne-des-Monts  
Sainte-Anne-de-Sorel  
Sainte-Anne-des-Plaines  
Sainte-Barbe  
Sainte-Béatrix  
Sainte-Brigitte-de-Laval  
Sainte-Catherine  
Sainte-Cécile-de-Milton  
Sainte-Claire  
Sainte-Clotilde  
Sainte-Clotilde-de-Horton  
Sainte-Croix  
Saint-Edmond-des-Plaines  
Saint-Édouard  
Sainte-Élisabeth

Sainte-Famille-de-l'Île-d'Orléans  
Sainte-Félicité  
Sainte-Hélène-de-Bagot  
Sainte-Hélène-de-Kamouraska  
Sainte-Hénédine  
Sainte-Jeanne-d'Arc  
Sainte-Julie  
Sainte-Julienne  
Sainte-Justine  
Sainte-Justine-de-Newton  
Saint-Élie-de-Caxton  
Sainte-Luce  
Saint-Elzéar  
Sainte-Madeleine  
Sainte-Marguerite  
Sainte-Marguerite-du-Lac-Masson  
Sainte-Marie  
Sainte-Marie-Salomé  
Sainte-Marthe  
Sainte-Marthe-sur-le-Lac  
Sainte-Martine  
Sainte-Mélanie  
Sainte-Monique  
Sainte-Perpétue  
Saint-Éphrem-de-Beauce  
Sainte-Sabine  
Sainte-Sophie  
Saint-Esprit  
Sainte-Thècle  
Sainte-Thècle/Saint-Tite  
Sainte-Thérèse  
Sainte-Thérèse-de-Gaspé

Saint-Étienne-des-Grès  
Saint-Eugène  
Sainte-Ursule  
Saint-Eustache  
Sainte-Victoire-de-Sorel  
Saint-Fabien  
Saint-Fabien-de-Panet  
Saint-Faustin--Lac-Carré  
Saint-Félicien  
Saint-Félix-de-Kingsey  
Saint-Félix-de-Valois  
Saint-Ferdinand  
Saint-Ferréol-les-Neiges  
Saint-Flavien  
Saint-François-de-la-Rivière-du-Sud  
Saint-François-du-Lac  
Saint-François-Xavier-de-Brompton  
Saint-Frédéric  
Saint-Fulgence  
Saint-Gabriel-de-Brandon  
Saint-Gabriel-de-Rimouski  
Saint-Gédéon  
Saint-Gédéon-de-Beauce  
Saint-Georges  
Saint-Georges-de-Clarenceville  
Saint-Germain-de-Grantham  
Saint-Gervais  
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Saint-Hugues  
Saint-Hyacinthe  
Saint-Ignace-de-Loyola  
Saint-Isidore  
Saint-Isidore de Clifton  
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Saint-Jacques-le-Mineur  
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Saint-Joseph-de-Beauce  
Saint-Joseph-de-Coleraine  
Saint-Joseph-de-Sorel  
Saint-Joseph-du-Lac  
Saint-Jude  
Saint-Juste-du-Lac  
Saint-Lambert  
Saint-Lambert-de-Lauzon  
Saint-Lazare  
Saint-Léonard-d'Aston

Saint-Léonard-de-Portneuf  
Saint-Léon-de-Standon  
Saint-Léon-le-Grand  
Saint-Liboire  
Saint-Liguori  
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Saint-Louis-de-Blandford  
Saint-Louis-de-Gonzague  
Saint-Louis-de-Gonzague Beauharnois QC  
Saint-Louis-du-Ha! Ha!  
Saint-Lucien  
Saint-Ludger  
Saint-Majorique  
Saint-Malachie  
Saint-Marc-des-Carrières  
Saint-Marcellin  
Saint-Marc-sur-Richelieu  
Saint-Martin  
Saint-Mathieu  
Saint-Mathieu-de-Beloeil  
Saint-Mathieu-du-Parc  
Saint-Maurice  
Saint-Michel  
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Saint-Michel-du-Squatec  
Saint-Modeste  
Saint-Narcisse  
Saint-Nazaire  
Saint-Norbert  
Saint-Ours  
Saint-Pacôme  
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Saint-Paul-d'Abbotsford  
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Saint-Raymond  
Saint-Rémi  
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Saint-Roch-de-l'Achigan  
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Saints-Anges  
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Saint-Siméon  
Saint-Simon  
Saint-Simon-de-Rimouski  
Saint-Stanislas  
Saint-Stanislas-de-Kostka  
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St-Catherine-de-la-Jacques-Cartier  
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St-Lucie-des-Laurentides  
St-Marcelline-de-Kildare  
St-Gabriel-de-Valcartier  
St-Lazare-de-Bellechasse  
St-Majorique-de-Grantham  
St-Mathias-sur-Richelieu  
St-Maxime-du-Mont-Louis  
St-Michel-de-Bellechasse  
St-Narcisse-de-Beaurivage  
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Stoke  
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Sutton  
Tadoussac  
Tasiujaq  
Témiscouata-sur-le-Lac  
Terrasse-Vaudreuil  
Terrebonne  
Thetford Mines

Thurso  
Tingwick  
Trécesson  
Tring-Jonction  
Trois-Pistoles  
Trois-Rivières  
Uashat mak Mani-utenam  
Umiujaq  
Upton  
Val-Brillant  
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Val-des-Bois  
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Val-Morin  
Varennes  
Vaudreuil-Dorion  
Vaudreuil-sur-le-Lac  
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## Saskatchewan

|                        |                          |                       |
|------------------------|--------------------------|-----------------------|
| Ahtahkakoop 104        | Coulee, Whiska Creel     | Kamsack               |
| Air Ronge              | Creighton                | Kellross No. 247      |
| Allan, Young           | Cumberland House         | Kelvington            |
| Assiniboia             | Dalmeny                  | Kerrobert             |
| Balgonie               | Davidson                 | Kimosom Pwatinahk 203 |
| Barrier Valley No. 397 | Delisle                  | Kindersley            |
| Battle River No. 438   | Division No. 18,         | Kindersley No. 290    |
| Battleford             | Unorganized              | Kipling               |
| Bengough               | Duck Lake No. 463        | Kyle, Cabri           |
| Big River              | Dundurn No. 314          | La Loche              |
| Biggar                 | Dundurn, Whitecap        | La Ronge              |
| Birch Hills            | Edenwold No. 158         | Lac La Hache 220      |
| Blucher No. 343        | Esterhazy                | Lacadena              |
| Britannia No. 502      | Estevan                  | Lajord No. 128        |
| Broadview              | Eston                    | Lampman               |
| Bruno, Grant No. 372   | Fertile Valley, Dinsmore | Langenburg            |
| Buckland No. 491       | Flett's Springs No. 429  | Langham               |
| Buffalo Narrows        | Flin Flon                | Lanigan               |
| Buffalo River Dene     | Foam Lake                | Leader                |
| Nation                 | Fond du Lac              | Lemberg, Neudorf      |
| Cana No. 214           | Fort Qu'Appelle          | Leroy, Muenster       |
| Candle Lake            | Frenchman Butte No. 501  | Lloydminster          |
| Canora                 | Frontier No. 19          | Lloydminster (Part)   |
| Canwood No. 494        | Gravelbourg              | Loon Lake             |
| Carlyle                | Grenfell                 | Lumsden               |
| Carnduff               | Gull Lake                | Lumsden No. 189       |
| Caronport              | Herbert                  | Macklin               |
| Carrot River           | Hudson Bay               | Maidstone             |
| Central Butte          | Humboldt                 | Maple Creek           |
| Chicken 224            | Humboldt No. 370         | Martensville          |
| Churchbridge           | Île-à-la-Crosse          | Meadow Lake           |
| Corman Park No. 344    | Indian Head              | Melfort               |
| Coteau No. 255, Elbow  | Ituna                    | Melville              |

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Midale  
Milestone  
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Montreal Lake 106  
Moose Jaw  
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Moosomin  
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Naicam  
Nipawin  
North Battleford  
Onion Lake Cree Nation  
Orkney No. 244  
Osler  
Outlook  
Oxbow  
Pelican Narrows  
Pelican Narrows 184B  
Pense  
Perdue  
Pilot Butte  
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Ponteix  
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Radville  
Raymore  
Redvers  
Regina  
Regina Beach  
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Riverside No. 168  
Rocanville  
Rockglen  
Rosetown  
Rosthern  
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Saskatoon  
Shaunavon  
Shellbrook  
Shellbrook No. 493  
Shellbrooke  
Sherwood No. 159  
Shields, Thode  
South Qu'Appelle No. 157  
Southend  
Southey  
Spiritwood  
Spiritwood No. 496  
St. Andrews, Elrose  
St. Louis No. 431

Star City No. 428  
Stoughton  
Strasburg  
Sturgeon Lake 101  
Swift Current  
Swift Current No. 137  
Tisdale  
Torch River No. 488  
Unity  
Usborne, Wolverine  
Val Marie, Auvergene  
Vanscoy No. 345  
Wadena  
Wakaw  
Waldheim  
Warman  
Watrous  
Watson, Englefeld  
Webb  
Weyburn  
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White City  
Wilkie  
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Carcross  
Carmacks  
Dawson  
Destruction Bay  
Faro  
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Ibex Valley  
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Marsh Lake  
Mayo  
Old Crow  
Pelly Crossing  
Ross River  
Tagish  
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