Here is the ParticipACTION 150 Play List. With input from expert stakeholders, it was created from almost half a million votes cast by Canadians. Each activity on the list includes adaptations and variations, ensuring that anyone can participate regardless of age, ability or level of experience. Many of the activities are also symbolically numbered—can you pick them out? No explanation is required for #99 (hockey) but how about #126 (basketball) representing how many years ago the sport was invented in Canada?